



Name & Registered Charity Details:

- Ripple Buddies, The Ripple Project

(Restalrig Lochend Community Hub, 198 Restalrig Road South, Edinburgh, EH7 6DZ)

- The Ripple Project charity registration number: SC024973

Explanation of what the charity does:

The Ripple Project works with local people to provide opportunities to eat more healthily and reduce food insecurity through the low cost community café and the food and mood courses. Then through our well-being work we aim to help and support local people to make positive choices around their mental health and reduce social isolation through well-being walks and group work. We also encourage local people to get involved in their community through a number of volunteering opportunities in our café, at our older people's lunch club, or within our youth services or even for some of our teenagers through becoming a mentor/buddie within the ripple buddies programme. Our youth services provides young people with a safe environment to come with friends and take part in a variety of activities from drama, to sports and arts and crafts or our drop in based open access youth clubs. Ripple buddies is another youth based service which provides a safe environment for primary aged children who are finding school, relationships or home life difficult, they are supported in their learning and development by young volunteers aged 14-19 years old who establish individual relationships with them under the guidance of the buddies Co-ordinator, giving children a safe space to be able to build social skills and friendships with peers in a supported and safe environment.

What would the money be used for: (£500.00)

Ripple Buddies would use the money to create weekly activity bags for all the children, for example cookie making, paint your own money box, etc. The money would be used to buy the resources and then, the buddies coordinator or youth services manager would deliver the activity bags each week to the children. The buddies coordinator or youth services manager would then either host a zoom session for the children to join along with the activity or post a video on social media of what to do and then families could follow on with comments of how children got on or how they enjoyed the activity and maybe even add pictures of their finished products. This would help keep the children engaged with The Ripple Project/Ripple Buddies particularly in this difficult time just now when the children are unable to come to the building due to Covid restrictions/lockdown.